

Between Hours: *Interdisciplinary Dialogues*

Applied Psychoanalysis Programme

Toronto Psychoanalytic Society



Programme of Events

2015

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www.torontopsychoanalysis.com

Welcome to *Between Hours: Interdisciplinary Dialogues*—Applied Psychoanalysis programme of the Toronto Psychoanalytic Society. We invite mutually inspiring dialogue between psychoanalysts and community professionals from across a wide range of disciplines between analytic hours. Alongside our psychoanalytic peers, all the way back to Freud, we greatly appreciate the crucial impact of art and literature on our clinical work and understanding of human nature and purposefully set out to more actively engage it.

Our events offer insight into the inner world and its link to the broader society, and facilitate interdisciplinary dialogue, whether through exploring the relationship between psychoanalysis and the arts, or looking at socio-cultural issues from a psychoanalytic perspective. All our events invite audience discussion and are open to the public.

The name, *Between Hours*—poetic term for the application of psychoanalytic thinking between analytic ‘hours’—is taken from Salman Akhtar’s book of the same title, which is aptly a collection of poems written by psychoanalysts. We are grateful for his permission to use the name. We use the term ‘applied psychoanalysis’ in its broadest sense to refer to a psychoanalytic perspective that emanates out of and extends beyond clinical practice.

Our mandate is to:

- make a psychoanalytic perspective more accessible to the general public through facilitating interdisciplinary dialogue, discussion, and debate
- further engage in dialogue with artists and writers on the mutual task of symbolically representing experience
- respond to current and pressing concerns in the community that pertain to mental health
- share a psychoanalytic point of view with health and allied professionals.

Our annual conference—the *Day in Applied Psychoanalysis* — has a long tradition in Toronto and focuses on a wide range of themes from art to politics. It currently adopts a dialogical approach that involves pairing a speaker in the community with a psychoanalyst.

In May 2014, *Between Hours*, in partnership with Caversham Booksellers, launched Toronto's first *Freud Café*—a community event held in a local café that runs every other month through the academic year, September to May. This ongoing programme involves free public talks by Toronto psychoanalysts on Freud's ideas and those of his followers that invite open discussion about their impact on our lives today. Registration is not required.

Between Hours also runs interdisciplinary events throughout the year on diverse areas of social and cultural interest.

Upcoming Events

March 19, 2015: Freud Café, 5, fifth in a series of free, stimulating talks on Freud's ideas by Toronto psychoanalysts, followed by an open discussion about their impact on our lives today.

Margaret Ann Fitzpatrick Hanly, PhD

Sibling Rivalry in Jane Austen's Fiction

A psychoanalytic reading. Join us for a stimulating discussion.

7:30 at Cups Cafe

May 21, 2015, Freud Café, 6

Joseph Fernando, MD

Whose unconscious is it anyway? – A user's guide, from Freud to more recent ideas about the unconscious

One of Freud's greatest discoveries was of a part of the mind that was not only unconscious, but that functioned in a manner very different from what we are usually aware of. He called this type of functioning the primary process, an idea which became central to psychoanalysis and which was influential in many other fields, for instance in the surrealist movement. How does this idea relate to other forms of the unconscious which are now prominent, such as the cognitive and neuroscientific unconscious, and dissociated traumatic memories from war or childhood sexual abuse?

7:30 @ cups café.

October 3, 2015: **20th Annual Day in Applied Psychoanalysis**

Precarious Beauty: The Aesthetic Conflict in Art and Psychoanalysis

An inspiring day of presentations by artists in dialogue with analysts

Jane McAdam Freud Meg Harris Williams Joseph Fernando Louis Brunet

This year's annual event welcomes acclaimed British Artists with psychoanalytic ancestry from Freud to the post Kleinians—**Jane McAdam Freud** and **Meg Harris Williams**—to reflect with us, through the medium of their respective work in sculpture and life drawings, on the impact of the ambiguity of the aesthetic object in driving curiosity and the development of a thinking/feeling mind. Meg Harris Williams will expound on the Meltzerian concept of the aesthetic conflict as a developmental construct originating in the emotional tension of the infant's attraction to and fear of the mother who is present and re-experienced through life in coming into contact with a 'new idea,' as it applies to both the artistic and psychoanalytic process. Both artists will engage in dialogue with Toronto analysts of Freudian and Kleinian persuasions for an integrative discussion on this aesthetic dimension of psychic life.

Jane McAdam Freud, MA (RCA), FRBS, Fellow of the Royal British Sculpture Society, is an acclaimed British sculptor and multi-disciplinary artist who makes 2D prints and drawings, 3D sculpture and medals, and 4D films. The recipient of many international awards, Jane McAdam Freud has exhibited internationally and her works are represented in national collections worldwide. She is Associate Lecturer at Central St Martins: University of the Arts, London and teaches at Morley College, London. Great granddaughter of Sigmund Freud and daughter of Lucian Freud, Jane McAdam Freud's work focuses on the meeting of Art and Psychoanalysis:

Ellipse illusion – From the crescent to the whole of the moon



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“Obliquely referencing object relations and the aesthetic conflict as far as they touch on dimensionality, I will trace my fascination with the dimensions of the object through the trajectory of my sculpture.

I remember my father’s concern with the surface of his paintings appearing ‘real’ rather than ‘representations’ of reality. I contrast his predilection for high relief, textured surfaces on otherwise flat canvas with my own works with sculptural relief.

Formal explorations into the relief form started with the Picasso medal (5, on cover) in 1980. During later research into ‘Forms of Relief - the post modern medal’.... a sculptural conversation became sentient: the illusory, painted surface versus ‘in the round’ form, leading to my focus on the in-between, which I call two-and-a-half dimensions or relief. Rather than being driven by the content (image) of the sculpture, I focused on its dimensionality. By dimensionality, I mean: is it flat, in relief, or in the round?

I conclude with my recent works, which are concerned with the mother/child relationship and its manifestation through my sculpture (6). For this introspection, I will, for the first time in public, look at the impact of that relationship on the aesthetics of my works: from the fecund female in all its fleshy form to the fantasy female of the grand narrative - the real (3D) versus the illusory (2D): the 2D(flat) and 3D(round) as co-opted devices for describing the presence and absence of the female figure/the mother figure.”



6 Dark Side

Joseph Fernando, MD, Training and Supervising Analyst, Toronto Institute of Psychoanalysis, will engage in dialogue with Jane McAdam Freud on the themes inherent in her work as they pertain to the aesthetic conflict. Dr. Fernando has published papers on guilt, narcissism, the character of the exception. His recent book, *The Processes of Defense*, won the 2010 Gradiva prize for a book on psychoanalytic theory.

Meg Harris Williams, visual artist and a literary critic, writes about the relation between psychoanalysis, aesthetics and literature. She has published widely on interdisciplinary lines, including *The Apprehension of Beauty* (with Donald Meltzer), *The Chamber of Maiden Thought*, *The Vale of Soulmaking*, *The Aesthetic Development: The Poetic Spirit of Psychoanalysis*, and *Bion's Dream*. She is chair of Borderlands Artists Consortium in the UK and lectures internationally and at the Tavistock Clinic, London. She will use lifedrawing as her main illustration in her presentation:

The Aesthetic Conflict in artistic process and in psychoanalysis as an art form

"For many years I have based much of my own artwork on lifedrawing, and more recently, when running lifedrawing workshops for psychotherapists, I have found these can offer a helpful model for considering the emotional impact involved in close observation. Many parallels emerge with the aesthetic conflict related to the psychoanalytic transference, with its analogous attempt to create symbols of an emotional experience."



Louis Brunet, Ph.D., Psychoanalyst and Psychologist, President of the Canadian Psychoanalytic Society, will discuss the paper and dialogue with Meg Harris Williams on the topic of the Aesthetic Conflict as it pertains to development and psychoanalytic process.

Prof. Brunet is Professor and ex-Director of the Psychology Department, Université du Québec à Montréal. He is the author of 7 books, 26 chapters, and 96 papers, and has published widely on individual and mass violence, archaic psychic organizations, projective identification, and the containing function. He is also invited professor at Université Lumière Lyon and Université Paris.

@ George Ignatieff Theatre, Trinity College, University of Toronto, 9am to 4pm.

Early Registration (before June 30, 2015) - \$150

At the door (or after June 30) - \$165

To Register for events:

On-line: www.torontopsyoanalysis.com

Or email: info@torontopsyoanalysis.com

Toronto Institute of Psychoanalysis

Invites you to an Information Evening
Wednesday, April 29th
7.30-9.30pm

If you have ever wondered about psychoanalytic training, you are invited to an information meeting where you can learn more about the Toronto Institute of Psychoanalysis.

This session provides an opportunity for you to ask all your questions. It is suitable for attendees who possess or will soon be receiving a medical degree, or a doctorate in psychology, social work, the humanities, or the social sciences, or a master's degree in social work.

40 St Clair Ave East #203

Refreshments Served

Christine Dunbar
Don Carveth
Vivienne Pasieka
Susan Moore
Tony Toneatto

Between Hours

Committee:

Vivienne Pasieka, PhD, Chair

Keith Haartman, PhD, Co-Chair

Gavril Hercz, MD

John Iddiols, Ed

Sarb Mann, MSW

Jon Novick, MD

Image on cover: *Picasso Medal*, Jane McAdam Freud, courtesy of Jane McAdam Freud