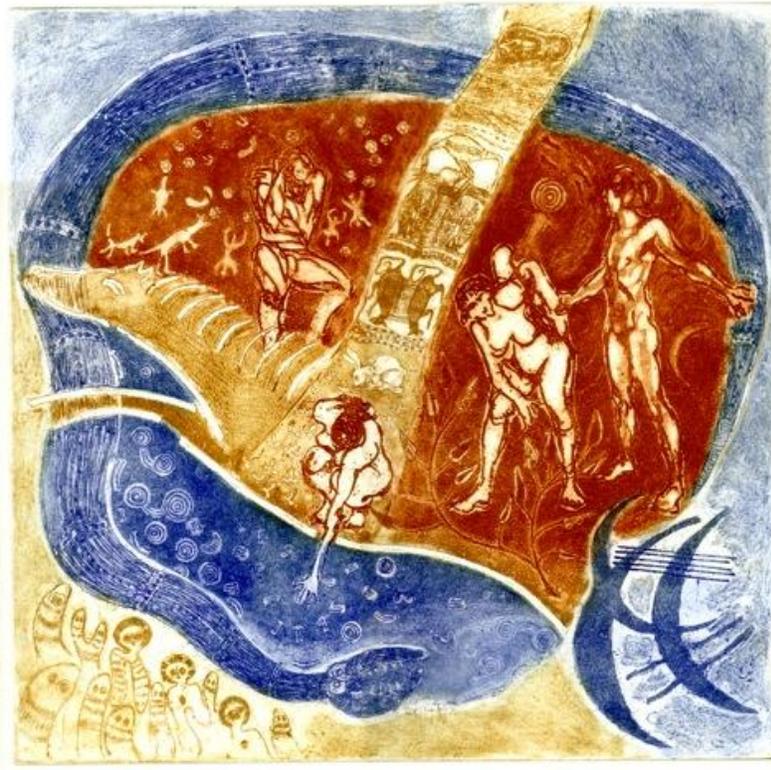


# Between Hours: *Interdisciplinary Dialogues*

Toronto Psychoanalytic Society



Programme of Events

2015 – 2016

**tps&i**  
toronto psychoanalytic society & institute

[www.torontopsychoanalysis.com](http://www.torontopsychoanalysis.com)

Welcome to ***Between Hours/ Interdisciplinary Dialogues***—Applied Psychoanalysis programme of the Toronto Psychoanalytic Society.

We aim is to share psychoanalytic ideas in the community with the public at large. Between analytic hours, we invite mutually inspiring dialogue between psychoanalysts and community professionals from across a wide range of disciplines, including the arts. Alongside our psychoanalytic peers, all the way back to Freud, we greatly appreciate the crucial impact of art and literature on our clinical work and understanding of human nature and have purposefully set out to more actively engage it.

Our goal is to forge links with community groups by partnering with local businesses, academics, student groups, and other health professions with a view to making it possible to bring free and affordable talks to the public. Analysts from our community offer their time and expertise with the collective goal of sharing our psychoanalytic understanding with a view to promoting mental health.

Our events strive to offer insight into the inner world and its link to the broader society, and aim to facilitate interdisciplinary dialogue, whether through exploring the relationship between psychoanalysis and the arts, or looking at psychological development and socio-cultural issues from a psychoanalytic perspective. All our events are open to the public and offer a public forum for discussion.

The name, *Between Hours*—poetic term for the application of psychoanalytic thinking between analytic ‘hours’—is taken from Salman Akhtar’s book of the same title, which is aptly a collection of poems written by psychoanalysts. We are grateful for his permission to use the name. We use the term ‘applied psychoanalysis’ in its broadest sense to refer to a psychoanalytic perspective that emanates out of and extends beyond clinical practice.

Our mandate is to

- make a psychoanalytic perspective more accessible to the general public
- facilitate ongoing interdisciplinary dialogue, discussion, and debate in the broader community
- share a psychoanalytic point of view with specific community groups and with health and allied professionals
- engage in dialogue with artists and writers on the mutual task of symbolically representing experience
- respond to current and pressing concerns in the community that pertain to mental health

Our annual conference—the *Day in Applied Psychoanalysis* — has a long tradition in Toronto that focuses on a wide range of themes from the arts to politics. It actively promotes conversation between community professionals and psychoanalysts.

In May 2014, *Between Hours*, in partnership with Caversham Booksellers, launched Toronto's first *Freud Café*—a community event held in a local café that runs every other month through the academic year, September to May. This ongoing programme, now in its third academic year, involves free public talks by Toronto psychoanalysts on Freud's ideas and those of his followers that invite open discussion about their impact on our lives today. This is a free, drop-in public event; registration is not required.

In February 2016, *Between Hours*, in partnership with Parentbooks, launches the Saturday Morning parenting clinic—*ParentTalks@Parentbooks*--a new series of five *free public talks for parents* that focus on understanding the inner world of the child and exploring the experience of becoming and being a parent. It runs once a month, February to June, 9:30 to 11:00am at Parentbooks on Harbord.

We also host spontaneous interdisciplinary events in the community throughout the year on diverse areas of social and cultural interest. Check the website for details.

We would like to thank our community business and academic partners for making it possible to host these events free of charge to the public. To date, these include: Caversham Booksellers, Tik Talk Café, Cups Café, Harbord House, Parentbooks, and the Comparative Literature Course Union and Hart House of the University of Toronto.

## *The Freud Café Series*



Originating as an outreach initiative of the International Psychoanalytical Association aimed at sharing psychoanalytic ideas in an informal setting, these free public talks are hosted in the community every other month throughout the academic year in collaboration with Caversham Books. It is thanks to our community hosts that these talks are provided at no cost to the public. As of March 2016, these events will be presented to the public in partnership with the Comparative Literature Course Union at Hart House of the University of Toronto.

Monday, September 28, 2015: Freud Café, 7

8pm @ Harbord House

### **Of Human Bondage and Jokes**

Somerset Maugham's autobiographical novel, "*Of Human Bondage*," is read through the lens of Freud's paper, "*Jokes and their Relation to the Unconscious*," examining what is at stake to allow the movement from the masochistic bond to the capacity for fraternity.

with **Sarah Freke, MD.**, psychoanalyst in private practice in Toronto; on faculty at the Toronto Institute of Psychoanalysis.

Monday, March 19, 2016, Freud Café, 8

8pm at the Arbor Room, Hart House

### **The Psychoanalysis of Hockey**

Join us for a lively discussion on mind/body integration aimed at exploring the psychology behind our national sport from a psychoanalytic perspective.

with **Ronald Ruskin, MD.**, training and supervising analyst, Canadian Psychoanalytic Society; staff psychiatrist, Mount Sinai Hospital; associate professor of Psychiatry, University of Toronto.

May 2016, Freud Café 9

8pm at the Arbor Room, Hart House

### **Coupling: A psychoanalytic point of view**

A look at relationships, their developmental origins and trajectory and what happens when things go awry.

with **Klaus Wiederman, PhD.**, psychoanalyst in private practice in Toronto; on faculty at the Toronto Institute of Psychoanalysis.

Wednesday, June 1, 2016, Freud Café, 10

8pm at the Arbor Room, Hart House

### **Why do we need to Remember our Dreams?**

This special Freud Café is a pre-conference outreach event presented in partnership with the National Communication with the Public Committee of the Canadian Psychoanalytic Society.

with **Joshua Levy, PhD.**, training and supervising analyst, Canadian Psychoanalytic Society.

Coming next term

### **Memory, Trace, and Portraiture**

Centered on two recent book publications-- *Chronophagia* (<http://www.amazon.com/Robert-Polidori-Chronophagia/dp/386930698X>) and *Eye & I* (<http://www.artbook.com/9783869305929.html>) -- by the internationally renowned photographer, Robert Polidori, David Dorenbaum will explore these themes from a psychoanalytic perspective.

with **David Dorenbaum**, MD., psychoanalyst in private practice, member Toronto Psychoanalytic Society, assistant professor, Department of Psychiatry, University of Toronto.

### **ParentTalks@Parentbooks**



A series of 5 FREE parenting talks focusing on the inner world of the child, followed by open discussion on the experience of being a parent. This series of talks is presented in collaboration with community health professionals who work within a psychoanalytic perspective and **Parentbooks**

@ **Parentbooks** on 21 Harbord St. ~ **Saturday mornings, 9:30 to 11:00am** ~ Space is limited.

Pre-registration is required @ tps&i Administration: [psychoanalyst@bellnet.ca](mailto:psychoanalyst@bellnet.ca)

February 20, 2016

### ***There's a Monster under my Bed***

– Understanding Children's Primitive Fears and all that they Evoke

with **Vivienne Pasiaka**, PhD, C.Psych, Clinical Psychologist/Psychoanalyst

What are the rudimentary anxieties of infants and young children? How do they show themselves and impact us as parents? And what can we do to remain present to help children manage them? We will look at common childhood anxieties, such as fear of the dark, fear of falling, of separation, sibling rivalry, jealousy in being one-of -three, and how re-visiting these significant developmental markers alongside our children enhances understanding and provides an opportunity for further growth.

March 19, 2016

## *That Big Bad World –*

Helping Children Thrive in Anxious Times

with [Alex Russell](#), PhD, C.Psych, Clinical Psychologist, co-author with Tim Falconer of *Drop the Worry Ball: How to Parent in the Age of Entitlement*.

Anxiety disorders among children are on the rise and even among those not diagnosed with a disorder, children are appearing increasingly daunted by the task of taking on the world around them. Hard for parents not to get anxious! This workshop takes a health perspective in which childhood anxiety is understood as a necessary building block of adaptation, and an essential gateway to a child's creative engagement with the world. Parents gain a perspective that helps them slowly shift the burden of responsibility on to their children as they grow – something that helps them take on anxiety adaptively, at the same time as they experience the sense of mastery and competence such growth generates.

April 9, 2016 *How to say No to your Kids without Feeling too Guilty*

with [Kathy Schneider](#), MD, Psychiatrist, Psychoanalyst

In this talk, we will explore separation anxiety and the “Double Shift”:-the additional task of parents who work outside the home and feel guilty non-stop

May 14, 2016

## *The Time of Our Lives*

with [Christina Whyte-Earnshaw](#), PhD, Psychoanalyst

This presentation will utilize a consideration of the experience of time as an approach to thinking about the development of relatedness in families.

June 11, 2016

## *Thinking Together*

with [Susan Glouberman](#), MA, MEd, Psychoanalytic Psychotherapist, faculty member, Canadian Institute for Child and Adolescent Psychoanalytic Psychotherapy.

In looking at material taken from ordinary good enough family situations, we will explore together how we, as parents, come to "put ourselves in the child's shoes", while also remaining in our own. We will look at what might be the thoughts and feelings in the child's mind, and in the mind of the parents or child carers that create relationships.

## *Recent BH Annual Events* @ George Ignatieff Theatre, Trinity College, University of Toronto

- **October 3, 2015: 20<sup>th</sup> Annual Day in Applied Psychoanalysis: Precarious Beauty: The Aesthetic Conflict in Art and Psychoanalysis:** An inspiring day of presentations by artists in dialogue with analysts



Acclaimed British Artists with

psychoanalytic ancestry—**Jane McAdam Freud** and **Meg Harris Williams**—reflected with us, through the medium of their respective work in sculpture and life drawings, on the impact of the aesthetic object in driving curiosity and the development of a thinking/feeling mind. Meg Harris Williams expounded on the Meltzerian concept of the aesthetic conflict as a developmental construct originating in the emotional tension between the infant's attraction to and fear of the mother that is re-experienced through life in coming into contact with each 'new idea.' Its application to both the artistic and psychoanalytic process was explored through conversation with psychoanalysts, Joseph Fernando and Louis Brunet.

**Jane McAdam Freud**, MA (RCA), FRBS, Fellow of the Royal British Sculpture Society, is an acclaimed British sculptor and multi-disciplinary artist. Great granddaughter of Sigmund Freud and daughter of Lucian Freud, Jane McAdam Freud's presentation focused on the meeting of Art and Psychoanalysis.

**Joseph Fernando**, MD, Training and Supervising Analyst, Toronto Institute of Psychoanalysis, won the 2010 Gravida prize for a book on psychoanalytic theory, *The Processes of Defense*.

**Meg Harris Williams**, visual artist and literary critic, has published widely on interdisciplinary lines, including, *The Apprehension of Beauty* (with Donald Meltzer), *The Chamber of Maiden Thought*, *The Vale of Soulmaking*, *The Aesthetic Development: The Poetic Spirit of Psychoanalysis*, and *Bion's Dream*.

**Louis Brunet**, Ph.D., Psychoanalyst, President, Canadian Psychoanalytic Society, Ex- Director (Psychology), Université du Québec à Montréal, has published widely on individual and mass violence, archaic psychic organizations, projective identification, and the containing function.



- **February 1, 2014: 19th Annual Day in Applied Psychoanalysis: The Storied Skin, *Stories we tell Ourselves*** Eminent Canadian Director, storyteller, filmmaker, **Sarah Polley**, spoke directly to her film, '*Stories We Tell*' through conversation with **Vivienne Pasiaka, PhD**, psychoanalyst, and dialogue with the audience, following a full screening of the film. **Margaret Ann Fitzpatrick Hanly, PhD**, Toronto Training Analyst and past president of the Canadian Psychoanalytic Society, gave a psychoanalytic response and spoke to unconscious meanings in the creative process and in narrative structures.



### **To Register for events:**

On-line: [www.torontopsychanalysis.com](http://www.torontopsychanalysis.com)

Or email: [info@torontopsychanalysis.com](mailto:info@torontopsychanalysis.com)

*Between Hours Committee: Vivienne Pasiaka, PhD, Keith Haartman, PhD, Gavril Hercz, MD, Jon Novick, MD, Mandisa Nkungu, MD, Orit Zamir, MD.*

Image on cover: *Riders in the Chariot*, courtesy of Meg Harris Williams